



Rugby - Touch



COMPETITION MANUAL

Updated: August 2025



GUIDING BODIES

World Police and Fire Games Federation (WPFGF)
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Federation of International Touch
c/o Secretary General
Suite #2, KLG Square, 29 Logan River Rd.
Beenleigh, Queensland 4207, Australia

[CLICK HERE FOR GOVERNING BODY FULL RULES](#)

International rules will be followed unless specified in WPFG Guidelines

EVENTS

MEN: Open (18 +)
35+

WOMEN: Open (18+)

MIXED: Open (18+)

Age as of Date: 12/31/2027

Entry Deadline: 1/22/2027

Team consists of maximum of 14 players plus one non-playing coach. Players may compete in Men's 18+ and Mixed, Women's 18+ and Mixed, and men over the age of 35, Men's 35+ and Mixed. Players may NOT compete in both Men's 18+ and Men's 35+.

Active competitors from police and fire agencies may combine to form a team regardless of agency size **WITHIN A COUNTRY**. Retired competitors may combine to form a team in any manner they wish with other eligible competitors whether police or fire. This includes across country lines.

BRACKETING

Pool Play: See Bracketing Rules.



EQUIPMENT

Two regulation Touch Rugby balls per game.

Two Tables: for registration and scoring.

Bracket Board: A large "whiteboard" (Bracket Chart) must be displayed and updated to show competitors when and who they play next, as well as games' results and position of each team within their pool.

UNIFORMS

Uniforms are to be worn and comply with F.I.T. standards.

Shoes without screw-in cleats/studs are to be worn by all players. Soft molded soles are permitted with a maximum length of 13 mm (approx. 1/2 inch) of any molded cleats/studs (measured from the sole of the shoe). Running shoes may be worn on artificial surfaces.

GENERAL SPORT RULES for Rugby - Touch

A maximum of six players will be on the field. In the case of Mixed competition, the maximum number of males allowed on the field is three (3) with a minimum number of males being one.

Any player "sent off" by a referee for the remainder of a game will be barred from further participation in the tournament.

Each game will be 45 minutes in length, comprised of two 20 minute halves and a 5 minute half-time break.

In group play, winners are awarded three (3) points; losers awarded one (1) point and two points per team are awarded for ties.

In Semi-final and Final matches, if a tie results, the drop off system will apply and is as follows: Six players from each side take the field and continue to play. A whistle/siren is sounded every two minutes, whereupon one player is removed from each side. This continues until one team scores. First team to score is the winner.



All games will start on time. There will be a five minute grace period allowed before forfeit is declared.

Anything that occurs that is not covered in these rules or in the F.I.T. playing rules will be decided upon by the tournament committee.

AWARDING OF MEDALS TO ATHLETES AND COACHES

One Non-playing coaches can **ONLY** receive a medal if they are eligible to participate in the games. This means that the coach would have to pass the same requirements of an athlete to receive a medal. This coach will receive an Athlete's Credential when they register at the Accreditation Center and should do so at the Special Handling booth to receive the Athlete's Credential.

Coaches who do not meet the requirements to participate in the Games **will not** receive a medal. **Technical Support Personnel SHALL NOT** receive medals.

During the medal presentation, only athletes and eligible coaches are allowed to participate in this ceremony. Each athlete and one eligible coach **SHALL** wear their Athlete's Credential. If the athlete or coach does not present their Athlete's Credential, they **SHALL NOT** receive a medal. This is a mandatory requirement to receive a medal.

Technical Support Personnel and children are not allowed on the podium with the teams during the medal presentation.

The sport coordinator **SHALL** have in their possession a copy of the CSE Report and the team's final roster that was submitted at the team captains meeting to verify the athletes being awarded medals.