



2025 US Police & Fire Championships Indoor Rowing

Welcome to the United States Police & Fire Championships. This letter serves as your Final Confirmation of your participation in Indoor Rowing. Indoor Rowing is scheduled for Monday, June 2nd at the Marriott Mission Valley, 8757 Rio San Diego Dr, San Diego, CA 92108. The Guiding Bodies are the United States Police & Fire Championships, The United States Rowing Association, and Concept 2 Rowing Enterprises.

Conduct Expected of ALL Participants:

Drinking of alcoholic beverages, unlawful consumption of controlled substances, and gambling is prohibited while competing. Unsportsmanlike conduct will not be condoned either before, during, or after competition. Any physical or verbal assaults on officials, competitors, spectators, coordinators or ex-officios will be met **with IMMEDIATE AND SEVERE PENALTIES**, including **EXPULSION** from these and future United States Police & Fire Championships.

Registration:

Each athlete must go in person to the Accreditation Center located at the Marriott Mission Valley, 8757 Rio San Diego Dr, San Diego, CA 92108 prior to their events. **AGENCY IDENTIFICATION REQUIRED.**

Registration Hours

Date	Open	Close
Friday, May 30	3:00 PM	8:00 PM
Saturday, May 31	6:30 AM	6:00 PM
Sunday, June 1	6:30 AM	8:00 PM
Monday, June 2	6:30 AM	6:00 PM
Tuesday, June 3	6:30 AM	5:00 PM
Wednesday, June 4	6:30 AM	6:00 PM
Thursday, June 5	6:30 AM	6:00 PM
Friday, June 6	6:30 AM	6:00 PM
Saturday, June 7	6:30 AM	10:00 AM

VENUE:

Marriott Mission Valley, 8757 Rio San Diego Dr, San Diego, CA 92108

Check-in and Judges' Briefing is at 8:00 AM. **ALL COMPETITORS MUST ATTEND JUDGES' BRIEFING.**

WEIGH-INS:

Athletes participating in the **Lightweight** Divisions **MUST** attend weigh-ins on Sunday, June 1 from 4:00 PM to 5:00 PM at the Marriot Mission Valley.

BRACKETING:

All competitors will row in a qualifying heat. The 8 fastest times will qualify for the Finals. If fewer than 8 competitors are entered in any age group/weight class that class will compete as a final with no additional qualifying heat.

GENERAL RULES:

Please refer to our website at www.uspfc.org

Concept II Ergometers will be used. All machines will be available for purchase after the event on a first come, first served basis for \$750 each. Contact Sport Director, Jonna Wiltshire if interested.

Competitors may use any gear or wind vent setting they choose but this cannot be changed during the race.

All Doubles events will be conducted over a combined distance of 1000 Meters. It is not necessary for each rower to complete 500 meters.

SECURITY OF PERSONAL ITEMS: Please note that security for your personal items is your responsibility while competing.

For additional information, please contact Sport Coordinator Chris Callaghan at chris@sandiegorowing.org or Sport Director Jonna Wiltshire at jwiltshire@cpaf.org

Just A Note:

All athletes are invited to the Athletes' Welcome Reception, Monday, June 2nd from 6-8 PM; outside the West lawn at the Marriott Mission Valley, 8757 Rio San Diego Dr, San Diego, CA 92108. Join us for food, fun, music and camaraderie.

As an athlete, you are aware that it takes volunteers to assist in putting on the **United States Police & Fire Championships**. We are counting down the days to our event, and we are looking for some great volunteers. For more information, contact Nicole Matthews at nmatthews@cpaf.org

www.uspfc.org
[✉ jwiltshire@cpaf.org](mailto:jwiltshire@cpaf.org)



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