



## 2025 US Police & Fire Championships Flag Football

Welcome to the United States Police & Fire Championships. This letter will serve as your Final Confirmation of your participation in Flag Football. Flag Football is scheduled for Monday, June 2<sup>nd</sup> through Tuesday, June 3<sup>rd</sup> at Town Center Community Park, 550 Park Center Dr., Santee, CA 92071. The Guiding Bodies are the United States Police & Fire Championships.

### Conduct Expected of ALL Participants:

Drinking of alcoholic beverages, unlawful consumption of controlled substances, and gambling is prohibited while competing. Unsportsmanlike conduct will not be condoned either before, during, or after competition. Any physical or verbal assaults on officials, competitors, spectators, coordinators or ex-officials will be met **with IMMEDIATE AND SEVERE PENALTIES**, including **EXPULSION** from these and future United States Police & Fire Championships.

### Registration:

Each athlete must go in person to the Accreditation Center located at the Marriott Mission Valley, 8757 Rio San Diego Dr, San Diego, CA 92108 prior to their events. **AGENCY IDENTIFICATION REQUIRED.**

### Registration Hours

Date	Open	Close
Friday, May 30	3:00 PM	8:00 PM
Saturday, May 31	6:30 AM	6:00 PM
Sunday, June 1	6:30 AM	8:00 PM
Monday, June 2	6:30 AM	6:00 PM
Tuesday, June 3	6:30 AM	5:00 PM
Wednesday, June 4	6:30 AM	6:00 PM
Thursday, June 5	6:30 AM	6:00 PM
Friday, June 6	6:30 AM	6:00 PM
Saturday, June 7	6:30 AM	10:00 AM

### VENUE:

Town Center Community Park, 550 Park Center Drive., Santee CA 92071

Check-in Time: At least 30 minutes prior to scheduled start of your game.

Flag Football schedule: <https://cpaf.org/wp-content/uploads/2025/05/2025-Flag-Football-schedule.pdf>

### IMPORTANT NOTE:

There is a **MANDATORY** Team Captain's meeting on Sunday, June 1<sup>st</sup> at 4:00 PM at the Marriott Mission Valley, 8757 Rio San Diego Dr, San Diego, CA 92108. There must be a minimum of one (1) and maximum of two (2) representatives from each team present at this meeting. Final rosters **MUST** be submitted at this meeting. It is the Captain's responsibility to make sure that every player on their roster has paid the appropriate fee and is an eligible player. It is the Team Captain's responsibility to ensure that all team members know the rules of play.

Flag Football consists of teams with a maximum of 20 players plus one non-playing coach. A game must start with 7 players and may continue with 6 players on the field with free substitution.

### EQUIPMENT:

No hard padding such as shoulder pads, rib pads, hip pads, thigh pads or helmets may be worn. Soft kneepads may be worn on the knees only. Softball sliding pads, sweatbands and headbands may be worn. Hand or arm pads are prohibited.

Jerseys of opposing teams must be of contrasting colors. The home team (first listed on schedule) must adjust if there is a conflict. Jerseys must be numbered individually.

Jewelry or any hard surface material may not be worn.

### Shoes are required.

Legal shoes:

1. Tennis shoes
2. Basketball shoes
3. Jogging/training shoes
4. All-purpose rubber round-molded cleats
5. Soccer shoes, rubber round-molded cleats

Prohibited shoes:

1. Street shoes
2. Baseball or softball shoes
3. Toe cleats
4. Metal cleats
5. Rubber molded cleats that are rounded to a point.

Shirts must be tucked inside either trousers or shorts firmly enough so as not to cover the flags or belts.

Flags cannot be shredded or cut in length.

Flags, pants or jerseys that are torn away or ripped must be replaced before the player can return to the field of play.

Pants with pockets, belt loops or rivets are illegal.

Recommended pants: Football, gym shorts or sweatpants. Pants that have beading or stripes must contrast with the flag color.

Coaches are responsible for preventing the illegal use and wearing of their players' equipment.

**GENERAL RULES:**

Please refer to our website at [www.uspfc.org](http://www.uspfc.org).

For additional information, please contact Sport Coordinator Mike Zimmerman at [mzimmerman@xflagfootball.com](mailto:mzimmerman@xflagfootball.com) or Sport Director Justin Eklund at [jeklund@cpaf.org](mailto:jeklund@cpaf.org).

**Just A Note:**

All athletes are invited to the Athletes' Welcome Reception, Monday, June 2<sup>nd</sup> from 6-8 PM; outside the West lawn at the Marriott Mission Valley. 8757 Rio San Diego Dr, San Diego, CA 92108. Join us for food, fun, music and camaraderie.

As an athlete, you are aware that it takes volunteers to assist in putting on the **United States Police & Fire Championships**. We are counting down the days to our event, and we are looking for some great volunteers. For more information, contact Nicole Matthews at [nmatthews@cpaf.org](mailto:nmatthews@cpaf.org).

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