



2025 US Police & Fire Championships Brazilian Jiu Jitsu

Welcome to the United States Police & Fire Championships. This letter serves as your Final Confirmation of your participation in Brazilian Jiu Jitsu. Brazilian Jiu Jitsu is scheduled for Friday, June 6th & Saturday, June 7th at the Mesa College, 7250 Mesa College Dr, San Diego, CA 92111. The Guiding Bodies are the United States Police & Fire Championships and the International Federation of Brazilian Jiu Jitsu.

Conduct Expected of ALL Participants:

Drinking of alcoholic beverages, unlawful consumption of controlled substances, and gambling is prohibited while competing. Unsportsmanlike conduct will not be condoned either before, during, or after competition. Any physical or verbal assaults on officials, competitors, spectators, coordinators or ex-officios will be met **with IMMEDIATE AND SEVERE PENALTIES**, including **EXPULSION** from these and future United States Police & Fire Championships.

Registration:

Each athlete must go in person to the Accreditation Center located at the Marriot Mission Valley, 8757 Rio San Diego Dr, San Diego, CA 92108 prior to their events. **AGENCY IDENTIFICATION REQUIRED**

Registration hours:

Date	Open	Close
Friday, May 30	3:00 PM	8:00 PM
Saturday, May 31	6:30 AM	6:00 PM
Sunday, June 1	6:30 AM	8:00 PM
Monday, June 2	6:30 AM	6:00 PM
Tuesday, June 3	6:30 AM	5:00 PM
Wednesday, June 4	6:30 AM	6:00 PM
Thursday, June 5	6:30 AM	6:00 PM
Friday, June 6	6:30 AM	6:00 PM
Saturday, June 7	6:30 AM	10:00 AM

NEW VENUE:

San Diego Mesa College GYM
7250 Mesa College Dr., San Diego, CA 92111

WEIGH-IN PROCEDURES:

Athletes shall enter in your estimated weight and attempt to make weight; however, you will compete at your weight at weigh-in

WEIGH-IN LOCATION: Mesa College, 7250 Mesa College Dr, San Diego, CA 92111

UNIFORM: The weigh-in uniform for both Tournaments (GI & NOGI) shall be Shorts & T-shirt. Athletes will not weigh-in with the GI.

Note: Brackets are created during the Weigh-in process. Athletes who do not report for Weigh-in are not added to Brackets.

June 6 (Friday) 8:00 AM to 9:30 AM at Mesa College: GI Tournament Mandatory Weigh-In.

June 7 (Saturday) 8:00 AM to 9:30 AM at Mesa College: NOGI Tournament Mandatory Weigh-In.

Note: Athletes who are competing in both Tournaments, may use their NO GI Weight for the GI Tournament, but these Athletes must still report to GI Tournament Mandatory Weigh-In to be added to the Brackets. If the Athlete does not report to the GI Tournament Weigh-In, they will not be added to the Brackets.

RULES MEETING:

LOCATION: Mesa College

June 6 (Friday) 10:00 AM: GI Tournament **MANDATORY** Rules Meeting. Tournament Competition shall start after Rules Meeting.

June 7 (Saturday) 10:00 AM: NO GI Tournament **MANDATORY** Rules Meeting. Tournament Competition shall start after Rules Meeting.

COMPETITION START: Tournament Competition shall start after Rules meetings.

AWARDS CEREMONIES: Award Ceremonies shall be held upon the completion of individual brackets.

EQUIPMENT AND SAFETY REQUIREMENTS:

No lubricants, oils, or lotions of any kind permitted of any part of the body or clothing.

- a. Use of shoes and groin protector are not allowed.
- b. Grapplers shall appear on the edge of the mat wearing regulation competition Gi, grappling or board shorts and a sleeveless, short sleeve or long sleeve rash guard shirt. The shorts shall not be excessively baggy or have button/snaps that may be unsafe during competition.
- c. No headgear

GENERAL SPORT RULES:

1. No unsportsmanlike conduct will be allowed. You may be disqualified or ejected for such conduct. **The referees will be shown maximum respect at all times. Their decisions are final and will not be overturned.**
2. No striking, biting, eye gouging (includes chin to the eye), head butting, small joint manipulation (finger or toe locks), hair pulling, grabbing the windpipe or ear pulling will be permitted.
3. **No slamming allowed.** Illegal slamming will be defined as slamming your opponent to escape submissions and/or pass the guard or standing from the guard and/or jumping from a standing position to slam your opponent. **Slamming will result in automatic disqualification, NO EXCEPTIONS.** Takedowns are NOT considered slams, but you must deliver your opponent safely to the mat.
4. No infectious skin disorders (ringworm, staph, MRSA, etc.) or open wounds will be permitted. No lubricants, oils or lotions of any kind will be permitted on any part of the body or clothing.
5. Competitors will be allowed to continue grappling anywhere on the matted area, provided they don't interfere with another match. If the competitors near the edge of the mat, they will be restarted from the same position, unless the referee is unable to duplicate the position for any reason. In case the referee is unable to duplicate the position, the competitors will restart from a standing position.
6. If a competitor flees the ring when a submission is locked in and the competitor is obviously fleeing to avoid submission, they will be disqualified.
7. Women will not be permitted to compete in Men's divisions and vice versa.

Match Length: 5 minutes.

Please refer to our website www.uspfc.org

For additional information, please contact Sports Coordinator Jon Frank at jon@fightleague.org or Sport Director Dave Miklos at dmiklos@cpaf.org

Just A Note:

All athletes are invited to the Athletes' Welcome Reception, Monday, June 2th from 6-8 PM; outside the West lawn at the Marriot Mission Valley. 8757 Rio San Diego Dr, San Diego, CA 92108. Join us for food, fun, music and camaraderie.

As an athlete, you are aware that it takes volunteers to assist in putting on the **United States Police & Fire Championships**. We are counting down the days to our event, and we are looking for some great volunteers. For more information, contact Nicole Matthews at nmatthews@cpaf.org

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