

# CYCLING - Mountain Bike - Page 1 - 2025

## **GUIDING BODIES**

United States Police and Fire Championships (USPFC)  
7944 Convoy Ct., San Diego CA 92111  
Tele. (858) 571-9919; FAX: (858) 571-1641; E-mail: 4info@cpaf.org

United States Cycling Federation, Inc. (USCF)  
One Olympic Plaza, Colorado Springs, CO 80909-5775  
website: www.usacycling.org

## **EVENTS**

MEN'S and WOMEN'S INDIVIDUAL EVENTS:

### **Cross Country**

*For all events all riders must enter their age group. Age is determined by the first day of the Games.*

Men's Individual events will be offered in the following age categories:

18 - 29  
30 – 34  
35 – 39  
40 – 44  
45 – 49  
50 – 54  
55 – 59  
60+

*In the event more than 16 riders are entered in any of the above age groups, the group may be split into 2 separate 5-year age groups.*

Women's Individual events will be offered in the following age categories:

18 – 39  
40 – 44  
45 – 49  
50 – 54  
55 – 59  
60+

## **ELITE CLASS**

Men's and Women's Individual events will be offered in the following age categories:

18+

## CYCLING - Mountain Bike - Page 2 - 2025

*The Elite Class is an 18+ age, skill-based class and is reserved for advanced and expert level riders ONLY. Beginners and intermediate riders should not enter this class. All ages may enter this class. All current Category 1 and 2 riders must enter the Elite Class.*

### **NOVICE CLASS** -

Men's and Women's Individual events will be offered in the following age categories:

18 - 39

40 - 59

60+

*In the event more than 16 riders are entered in any of the above age groups, the group may be split into 2 separate 5-year age groups.*

*The Novice Class is for riders new to racing and is intended to provide them with an opportunity to ease into the sport. This category is reserved for riders who have never participated in any prior USPFC or WCFG event and who do not have racing experience.*

### **CLASSIFICATIONS**

Rider categories are assigned by the USPFC based on a rider's experience and performance. Riders are assigned to the lowest ability category until a higher category has been earned. The ranking of categories is:

- Elite Class
  - Age Group
  - Novice Class
- 
- Known ability – If a competitor is known to qualify for the Elite Class based on witnessed past performance they will be placed according to that ability.
  - Competing in a Higher Class - Any individual may elect, before racing, to compete in a higher classification than the one in which classified.
  - Classification Appeals - Any competitor having reason to believe that they are improperly classified may file an appeal with the USPFC Director stating all essential facts. Any such appeals must be filed prior to the start of competition. The USPFC Director will make the final determination as to the classification.
  - Classification Protests - Any person who believes that another competitor has been improperly classified may file a protest with the USPFC Director stating all essential facts. Any such protests must be filed prior to the start of competition. The USPFC Director will make the final determination as to the classification.

*Any variances to classification must be approved by the USPFC Federation Director for Cycling.*

# **CYCLING - Mountain Bike - Page 3 - 2025**

## **EQUIPMENT**

The following equipment is the responsibility of the competitor:

- Every rider warming up or racing shall wear a protective, securely fastened helmet that satisfies the bicycle helmet standards of USCF. It is the rider's responsibility to select and wear such a helmet which offers sufficient protection against head injury and does not restrict the rider's vision. Failure to wear such a helmet, or removing it during a race, will result in disqualification. Helmets shall also be mandatory during training rides on competition courses.
- Footgear shall be the fully enclosed type.
- Bicycle shall have at least two brakes, which are in good working condition.
- Cyclocross and Hybrid bikes will not be allowed.
- Handlebar ends should be plugged and shall have no sharp or jagged ends.
- A competitor must wear appropriate riding attire, including a shirt. Eye protection is strongly recommended.

## **GENERAL SPORTS RULES for Cycling (Mountain Bike)**

The race will follow USCF guidelines for Mountain Biking

All riders must attend a pre-race briefing (rider's meeting) normally held at the staging area prior to competition. This meeting requirement will be included in the Confirmation Letter.

Short cutting and/or cutting trail switchbacks shall result in disqualification.

Foul riding, unsportsmanlike behavior, or the use of profane or abusive language are grounds for punitive action.

Laws and ordinances of appropriate jurisdictions shall be observed during participation in this sport.

Only riders officially entered in the Event may practice or compete on the designated racecourse.

## CYCLING - Mountain Bike - Page 4 - 2025

### AWARDS

A maximum of 12 sets of medals (1<sup>st</sup> through 3<sup>rd</sup> place), for the Individual events and 4 sets of medals (1<sup>st</sup> through 3<sup>rd</sup> place), for the Stage Race will be required. USPFC will advise you of the actual number of sets needed based on events offered and total entries, plus a reasonable margin.

#### **ATTENTION COORDINATORS**

**THE GENERAL RULES APPLY TO ALL SPORTS.  
YOU MUST BE FAMILIAR WITH ITS CONTENTS.**

**PRECISE RESULTS MUST BE FORWARDED  
TO THE HOST COMMITTEE IMMEDIATELY FOLLOWING THE  
CONCLUSION OF THIS SPORT**

The USPFC Director assigned to your sport is knowledgeable and experienced in aiding during the preparation and running of the sport. Questions, a detailed accounting of your preparations, and any area requiring approval of the USPFC shall be submitted in a timely manner to this USPFC Director.

The USPFC Directors want to work with you to make your sport a success.

***PLEASE USE THE USPFC DIRECTORS AS A RESOURCE.***