



— WORLD —
POLICE & FIRE
— GAMES —

Dear {First} {Last},

Hello and welcome to the 2023 World Police and Fire Games!

This is your official letter of confirmation. Below you will find the information that will help guide you through this year's Games.

Sport Specific Information for Toughest Competitor Alive (TCA)

Please review the [Toughest Competitor Alive Abridged Rules](#) for competition format and sport specific details.

Contact information

If you have any questions regarding, Toughest Competitor Alive (TCA) please contact your Sport Coordinators: Laura Visentin, Laurie Andrusiek lca@wpfg2023.com

Or

WPF2023 Federation Director: Dave Miklos dvmiklos@cpaf.org

Pre Competition Meeting & Weigh-Ins

Your Mandatory Pre Competition Meeting information is as follows:

Date: July 28

Time: 10:00- 12:00

Location: RBC Convention Centre Presentation theatre

Heavyweight category weigh in details are:

Date: July 28

Time: 12:00-15:00

Location: RBC Convention Centre Official Weigh-In Room

**Please Note: Weigh ins are for Heavyweight Categories ONLY*

Please ensure you are dressed appropriately for weigh-in.

Competition Schedule

Competition start time is **07:00** at the University Stadium.

Day 1: All women, Men 40+ Heavyweight, Men 50+ Heavyweight.

Day 2: Men 18+, Men 30+, Men 35+, Men 18+ Heavyweight, Men 35+ Heavyweight

Day 3: Doubles + Teams



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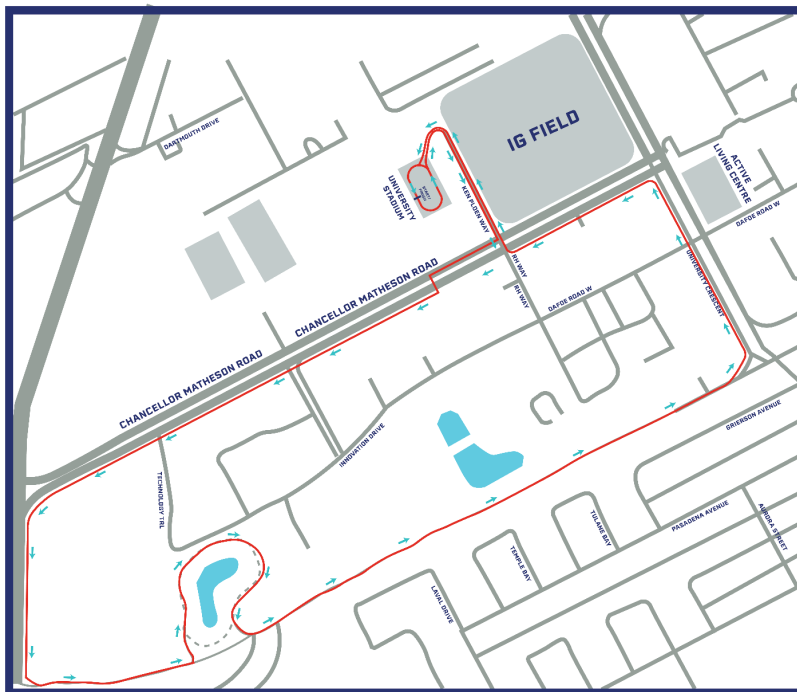
Sport Equipment

Athletes are responsible for bringing their own athletic gear and water bottle. The venue allows pyramid spikes on the track; these spikes should not exceed 7mm. A water refill truck will be available to athletes to use.

Additional Sport Information

Athletes will be transported by bus to the venue for the 100m swimming competition and back to the University of Manitoba for the 20 ft Rope Climb competition. Transportation for spectators will not be available.

5K Course: Water stations will not be available for runners on the course. The course consists of: grass, gravel, concrete, and a running track. Minimum Elevation: 226m. Maximum Elevation: 250m



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TCA 5K



MINIMUM ELEVATION	226 M
MAXIMUM ELEVATION	250 M

INFO FOR PARTICIPANTS

- WATER STATIONS WILL **NOT** BE AVAILABLE FOR RUNNERS ALONG THE COURSE
- COURSE PATH CONTAINS: GRASS, GRAVEL, CONCRETE, AND RUNNING TRACK.



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Venues

University of Manitoba
University Stadium
65 Chancellors Cir

Lions Outdoor Pool
969 Dowker Ave

University of Manitoba
Frank Kennedy Centre & Active Living Centre
420 University Crescent

Food and beverage kiosks will be available at all University Stadium.

Transportation

As part of your Accreditation, you will be granted free access to [Winnipeg Transit](#) services, which is perfect for getting around to different attractions throughout the city as well as the majority of our competition venues. For more details on routes and schedules please visit the [Winnipeg Transit Trip Planner](#)

Due to the early start of this event WPF2023 will provide a dedicated Athlete Bus departing from the RBC Convention Centre Transportation Hub. Following competition, please utilise Winnipeg Transit for your departure.

Parking

There is paid parking available at the University of Manitoba Stadium. If you choose to drive please park at [Stadium Parking](#) next to the Stadium. The TCA competition will start and finish at the University Stadium.

Registration in Winnipeg

All competitors are REQUIRED to register at the RBC Convention Centre Accreditation Centre and receive their credentials before their competition begins.

You must bring your department / agency Identification when checking in at the accreditation centre.



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Location

RBC CONVENTION CENTRE WINNIPEG
 375 York Ave Winnipeg MB R3C 3J3

Hours of Operation

Monday July 24 - 12:00 pm- 7:00 pm *Local Athletes, come eaty and beat the rush!*

Tuesday July 25- Thursday July 27: 9:00 am–7:00 pm

Friday July 28: 7:00am–4:00pm

Early Closure for Opening Ceremonies. You must have accreditation to gain entry to the Marshalling area for the Athletes Parade

Saturday July 29- Sunday July 30: 7:00am–7:00pm

Monday July 31- Tuesday August 1: 7:00am–5:00pm

Wednesday August 2- Saturday August 5: 9:00am–5:00pm

Sunday August 6: 9:00am–1:00pm

*Note: Hours are subject to change based on needs

Additional Games Information

Security of Personal Items

Please note that security for your personal items is your responsibility while competing. WPF2023 is not responsible for any lost, stolen, or damaged items.

Opening Ceremonies

Schedule: Friday July 28, 2023		
Activity	Time	Location
Athlete Marshalling Starts	4:30pm	RBC Convention Centre 3rd Floor HALL A/B 375 York Ave Winnipeg, MB R3C 3J3
Parade Start	6:30pm	
Doors Open	6:30pm	Canada Life Centre 300 Portage Avenue, Winnipeg, MB R3C 5S4
Pre-show begins		



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Main Show Begins	7:00pm	
End of Show	9:30pm	

The Opening Ceremony begins with the Athletes Parade, which will start at the **RBC Convention Centre, 3rd Floor HALL A/B** and march to the **Canada Life Centre** (approx. 600 meters). Food & Beverage will be available for purchase in the marshalling area. You must have your Accreditation to access Hall A/B and take part in the parade.

****Things to Note:***

- Only Athlete credentials will be permitted into the marshalling area or into the Athlete Parade at any point.
- The Accreditation Centre closes at 4:00pm on July 28.
- Please do not bring bags to the Opening Ceremony or Athlete Marshalling Area.

The opening ceremony is the official kick off to the 2023 World Police and Fire Games and will welcome athletes to Winnipeg with an exciting event in Canada Life Centre. Please ensure you RSVP attendance through your registration profile on [Fuse Sport](#). Please note, your plus ones will not be seated with parade and ceremony participants.

Athletes Village

Location: CN Stage & Field

1 Forks Market Road

Winnipeg, Manitoba R3C 4X1

Dates: Saturday July 29 - Sunday August 6

Hours of Operation: 5:00 pm to Midnight (12:00am)

*Last call will be at 11:00pm

The Athletes Village is themed Canada's backyard and is the perfect place to unwind after a day of competition. We will be featuring local breweries nightly at our craft beer corner and our bars will be serving beer and premixed drinks. There will also be food available for purchase in the form of food trucks with a variety of options. Each night is a different theme where you can dance the night away to live music, play games, and socialize with athletes from across the world. A detailed schedule will be released on the [WPG2023 website](#) closer to the games.

On August 2, 2023, Athletes Village will host Wrist Wrestling. Competition commences at 5:00pm.



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Closing Ceremonies

Location: CN Stage & Field

Athletes Village

Date: Sunday August 6th

Time: Gates opens at 4:00 pm, Closing Ceremony starts at 5:00 pm.

Come and celebrate the closing of our Games as we pass over the WPFG Flag to Birmingham, Alabama for the 2025 World Police & Fire Games. There will be food & beverage available for purchase and live music to follow as we celebrate the success of our athletes, give thanks to all our volunteers and say goodbye for now as we look forward to Birmingham 2025.

Merchandise

The 2023 Games Host Society is proud to offer a full merchandise program to commemorate the 2023 World Police & Fire Games. For more information and to view the WPFG2023 merchandise program please [click here!](#) All prices listed are in Canadian funds and electronic payment will be accepted at our onsite booths. Merchandise will be available at the RBC Convention Centre and Athletes Village.

It is the responsibility of the competitor to regularly check the website for all updated information: www.wpfg2023.com