



— WORLD —  
**POLICE & FIRE**  
— GAMES —

Dear {First} {Last},

Hello and welcome to the 2023 World Police and Fire Games!

This is your official letter of confirmation. Below you will find the information that will help guide you through this year's Games.

### **Sport Specific Information for Crossfit**

Please review the [Cross Fit® Abridged Rules](#) for competition format and sport specific details.

### **Contact information**

If you have any questions regarding, Crossfit® please contact your Sport Coordinator(s): Renee Vermette, Michelle Hiebert, Kristen Locke at [crossfit@wpfg2023.com](mailto:crossfit@wpfg2023.com)

Or

WPFG Federation Director: Jonna Wiltshire at [wiltshire@cpaf.org](mailto:wiltshire@cpaf.org)

### **Pre Competition Meeting**

Your Mandatory Pre Competition Meeting information is as follows:

**Date:** July 28, 2023

**Time:** 15:00

**Location:** RBC Convention Centre (Presentation Theatre) Please follow the directional signage at the venue.

### **Practice**

If you arrive early and would like to practise/workout, we have NXT LVL Performance gym available for the athletes competing in Crossfit®, free of cost. Please contact Justin Liwanag- [justin@nxtlvlperformance.ca](mailto:justin@nxtlvlperformance.ca) to book your slot.

### **Competition Schedule**

The competition will commence from 9:00-17:00

Your detailed Sport Schedule will be available on the WPFG website through the [CrossFit® Page](#) after July 20th. The event categories are listed below:

**July 29th:** Scaled/RX divisions all Ages (WOD1)

(Posted on June 29th: [WOD1](#))

**July 30th:** Scaled/RX divisions all Ages (WOD2 & 3)



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(Check the CrossFit Page two weeks prior to the date of competition for WOD- 2 &3)

**July 31st:** Scaled/RX divisions all Ages (WOD 4 & 5)

(WOD- 4 & 5 will be released on July 30th)

### **Sport Equipment**

Competitors are strongly encouraged to bring their own slipping ropes. However, there will be some available on site in the warmup area.

### **Venue**

RBC Convention Centre Winnipeg  
375 York Ave, Winnipeg MB

Food and beverage kiosks will be available at all competition venues.

### **Transportation**

As part of your Accreditation, you will be granted free access to [Winnipeg Transit](#) services, which is perfect for getting around to different attractions throughout the city as well as the majority of our competition venues. For more details on routes and schedules please visit the [Winnipeg Transit Trip Planner](#)

The RBC Convention Centre is centrally located in Downtown Winnipeg, within walking distance of many WPFPG partner hotels.

### **Parking**

There is limited paid parking available at and within walking distance around RBC Convention Centre. Please utilize Winnipeg Transit for your arrival and departure whenever possible.

### **Registration in Winnipeg**

All competitors are REQUIRED to register at the RBC Convention Centre Accreditation Centre and receive their credentials before their competition begins.

**You must bring your department / agency Identification when checking in at the accreditation centre.**

### **Location**

**RBC CONVENTION CENTRE WINNIPEG**



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375 York Ave Winnipeg MB R3C 3J3

**Hours of Operation**

Monday July 24 - 12:00 pm- 7:00 pm *Local Athletes, come early and beat the rush!*

Tuesday July 25- Thursday July 27: 9:00 am–7:00 pm

Friday July 28: 7:00am–4:00pm

***\*\*Early Closure for Opening Ceremonies. You must have accreditation to gain entry to the Marshalling area for the Athletes Parade\*\****

Saturday July 29- Sunday July 30: 7:00am–7:00pm

Monday July 31- Tuesday August 1: 7:00am–5:00pm

Wednesday August 2- Saturday August 5: 9:00am–5:00pm

Sunday August 6: 9:00am – 1:00pm

\*Note: Hours are subject to change based on needs

**Additional Games Information**

**Security of Personal Items**

Please note that security for your personal items is your responsibility while competing. WPF2023 is not responsible for any lost, stolen, or damaged items.

**Opening Ceremonies**

Schedule: Friday July 28, 2023		
Activity	Time	Location
Athlete Marshalling Starts	4:30pm	RBC Convention Centre 3rd Floor HALL A/B 375 York Ave Winnipeg, MB R3C 3J3
Parade Start	6:30pm	
Doors Open	6:30pm	Canada Life Centre 300 Portage Avenue, Winnipeg, MB R3C 5S4
Pre-show begins		



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<b>Main Show Begins</b>	7:00pm	
<b>End of Show</b>	9:30pm	

The Opening Ceremony begins with the Athletes Parade, which will start at the **RBC Convention Centre, 3rd Floor HALL A/B** and march to the **Canada Life Centre** (approx. 600 meters). Food & Beverage will be available for purchase in the marshalling area. You must have your Accreditation to access Hall A/B and take part in the parade.

***\*Things to Note:***

- Only Athlete credentials will be permitted into the marshalling area or into the Athlete Parade at any point.
- The Accreditation Centre closes at 4:00pm on July 28.
- Please do not bring bags to the Opening Ceremony or Athlete Marshalling Area.

The opening ceremony is the official kick off to the 2023 World Police and Fire Games and will welcome athletes to Winnipeg with an exciting event in Canada Life Centre. Please ensure you RSVP attendance through your registration profile on [Fuse Sport](#). Please note, your plus ones will not be seated with parade and ceremony participants.

**Athletes Village**

**Location:** CN Stage & Field

1 Forks Market Road

Winnipeg, Manitoba R3C 4X1

**Dates:** Saturday July 29 - Sunday August 6

**Hours of Operation:** 5:00 pm to Midnight (12:00am)

\*Last call will be at 11:00pm

The Athletes Village is themed Canada's backyard and is the perfect place to unwind after a day of competition. We will be featuring local breweries nightly at our craft beer corner and our bars will be serving beer and premixed drinks. There will also be food available for purchase in the form of food trucks with a variety of options. Each night is a different theme where you can dance the night away to live music, play games, and socialize with athletes from across the world. A detailed schedule will be released on the [WPG2023 website](#) closer to the games.

On August 2, 2023, Athletes Village will host Wrist Wrestling. Competition commences at 5:00pm.



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### **Closing Ceremonies**

**Location:** CN Stage & Field

Athletes Village

**Date:** Sunday August 6th

**Time:** Gates opens at 4:00 pm, Closing Ceremony starts at 5:00 pm.

Come and celebrate the closing of our Games as we pass over the WPFG Flag to Birmingham, Alabama for the 2025 World Police & Fire Games. There will be food & beverage available for purchase and live music to follow as we celebrate the success of our athletes, give thanks to all our volunteers and say goodbye for now as we look forward to Birmingham 2025.

### **Merchandise**

The 2023 Games Host Society is proud to offer a full merchandise program to commemorate the 2023 World Police & Fire Games. For more information and to view the WPFG2023 merchandise program please [click here!](#) All prices listed are in Canadian funds and electronic payment will be accepted at our onsite booths. Merchandise will be available at the RBC Convention Centre and Athletes Village.

**It is the responsibility of the competitor to regularly check the website for all updated information: [www.wpfg2023.com](http://www.wpfg2023.com)**